Grey Wolf Expedition's

"C-19"

Detailed Information Package

Orca Point Wilderness Retreat

Whale Watching & Sea Kayaking Retreat - Johnstone Strait

Vancouver Island, BC Canada
4 Days / 3 Nights

TABLE OF CONTENTS

1. Welcome and General Information……Page 3
2. Do's and Don't in a Glance……..…Page 3
3. Covid-19 Hand Washing Protocol……..Page 3
4. Social Distancing……..…Page 4
5. Flexible rebooking options……..…Page 4
6. Company and Tour Description……..…Page 4
7. Meeting Location & Time……..…Page 5
8. Available Activities……..……..…Page 5
9. Medical Forms & Liability Release……..……Page 6
10. In Case of Emergency & Medication……..……Page 6
11. Weather Conditions……..……Page 6
12. Packing List General Advise……..…….Page 6
13. Recommendations for Travelling with Kids……..……Page 9
14. Orca Camp Sleeping Information……..……Page 9
15. Toilet Facilities……..Page 9
16. General Hygiene Information……..……..Page 9
17. Information For Women……..…….. Page 9
18. Assumption of Risk……..……Page 10

Dear Sea Kayaking & Whale Friend,

1) **Welcome to Grey Wolf Expeditions!**

Thank you for choosing a local Sea Kayaking Tour Company located in Black Creek Vancouver Island. This information package is different than usual. The spread of the coronavirus these past month is affecting the lives of people worldwide and we are all confronted with great challenges. The tourism industry is facing unprecedented difficulties, which is why we have had to upgrade our measurements of our tours and cancel some of our expeditions. We are aware that travel will change in the future and we are here to tell you that we have taken all the necessary measurements in order to operate in a safe, and healthy way.

We want to assure you, that we too are following developments closely and adjusting our practices to ensure the safety of our guests, staff, family and friends.
As our valued customer, you trust us to take you to your vacation destination, responsibly and safely. Under the current circumstances, we are more aware than ever before how important it is to be a tour company that you can rely on.

Please rest assured that even in these uncertain times, your safety and well-being remain our top priority.

2) Do's and Don'ts

Do the Five

1. **HANDS** Wash them often
2. **ELBOW** Cough and sneeze into it
3. **FACE** don't touch it
4. **FEET** Stay more the 6 ft apart
5. **FEEL** Sick? Stay at home!

3) Covid-19 Hand Washing Protocol

In addition to our regular hygiene practices before, while on trip and after (such as strict hand washing, disinfecting communal surfaces, washing all linens, pillows, blankets and sleeping bags before the next tour, etc.), we'll be introducing more enhanced disinfection routines of common surfaces such as paddle shafts, dry bags, life jackets, storage bins and vehicles.

4) Social Distancing

The nature of this tour lends itself nicely to “social distancing” as well, given the remote environments, open air, small groups (typically a 4 to10 guests maximum anyhow) and lots of space through out camp. Our guides are trained professionals in the field, and will ensure protocols are carried out consistently. Beyond hygiene, we’re proactive on the water with risk management and preparation, assessing weather conditions and always carrying a range of communication devices, first aid kits, kayak rescue gear, emergency shelter and other gear.

5) Flexible rebooking options

In these uncertain times, we would like to help our customers by expanding our rebooking options and making them more flexible. You may keep your tour for the 2020 if you are local. If you are unable to travel due to travel restrictions or others, you can rebook until a later date. Without the need to immediately decide on an alternative date for a new tour. The value of your tour will not expire and you will even get a discount of $50 on your rebooking. You may also rebook to a different tour. This applies to tours booked through June 1, 2020 and which have a confirmed travel date of no later than December 31, 2021.

6) Company and Tour Description

We are a family run business operating since 2010. We live and work on Vancouver Island. All our tours are well organized and customized according to your application form you have sent prior trip departure. Small group sizes are our specialty. Especially now in the COVID-19 crises, we have adjusted our company policy strictly to the governmental protocol. No mixed groups. Locals Only. No sharing gear, kayaks, tents etc. Maximum 6 people per tour (for now).

Our regular “Orca Camp” is 4 days / 3 nights long. It is set up all summer long from July until September in Johnstone Strait at so called “Pine Point”, about 3nm north of Naka Creek Recreational Site. With our base camp set up, we are fully attired to self sustain ourselves for 4 days and longer. Three fresh meals a day including snacks and drinks served from your lead guides ensure that we meet all your meal expectations, preferences and dietary restrictions. Coffee and Tea bar is open all day. You will be able to get the fun and educational part of the local history, marine mammals, flora and fauna. Our Orca Camp has no road access, no traffic, no street lights and is a Wilderness set up for clients to be able to relax and recharge in BC’s beautiful nature. A perfect place to view Orcas, Humpback Whales, White Sided Dolphins, Sea Lions and Bald Eagles in their natural habitat.

Pick up is at 9AM at your hotel/motel in Campbell River you are staying in. From there we will drive to our launching site at Naka Creek. About 180km north from Campbell River, on the Vancouver Island side. Once we get to Naka Creek, we will park our

vehicle and Jesse will drive us with our zodiac to camp. Our camp has no street access. Our Camp is set up known as Pine Point only 3 km south of the world famous Robson Bight Ecological Reserve and Rubbing Beaches. The zodiac will be transporting 2 guests at the time to maintain social distancing.

Once everyone is properly attired at camp we'll discuss safety, divide into paddle crews and begin our adventure. All meals are included from lunch day 1 until lunch last day. Once the day is completed, Grey Wolf Expeditions will prepare appetizers followed by a delicious outdoor dinner. An evening campfire provides an opportunity to tell tales from the day's adventures, play music instruments or just enjoying nature by sitting on the beach.

In the mornings, coffee will be on by 8:00 a.m. and a hot breakfast will be served at 9:00 a.m. By 10:00 a.m., dressed and ready for the sea by 11:00 a.m. We'll typically kayaking for about 2-3 hours at the time and are back for lunch between 1:00 and 2:00 p.m. After a quick change of clothes, we offer either yoga, fishing or just relaxing at the beach. We like to have dinner at around 6 PM. Sunset paddles are very popular if the weather cooperates.

7) Meeting Location & Time

When: 5:00 p.m. (Pacific Time) the day before your adventure **Where:** In the lobby of your booked hotel/motel/resort in Campbell River. Dry bags will no longer be handed out to avoid extra cross contamination until the Covid crises are under control. **Pick up** is at 9AM at your hotel in the morning of your tour. **Drop off** is at around 5PM in Campbell River on the last day of your trip.

8) Available Activities

- Sea Kayaking
- Whale and Wildlife Watching
- **NEW:** Yoga (please bring your own Yoga mat)
- Outdoor Sauna (unavailable due to COVID-19)
- Fishing
- **NEW:** Massage (unavailable due to COVID-19)
- Beach Walks
- Hike to Naka Waterfall
- Relaxing at the Beach
- Meditation

9) Medical Forms & Liability Release

Each participant is required to fully fill out our medical form and liability release form provided in the application form. Forms must be received by Grey Wolf minimum 2 weeks prior the trip. If signs of sickness occur on pre-meeting the night before your tour or while on the trip, Grey Wolf will keep the right to cancel participation for the safety of other clients, guests, staff and surroundings. Body temperature will possibly define, if you too high risk to join the trip.

10) In Case of Emergency and Medication
If you get sick or hurt on our tour, we will either transport you ourselves to the hospital in Campbell River. If the emergency case is too severe, we will call the coast guard. It takes approximately 3 hours to get from Orca Camp to the nearest hospital.
Even though, Grey Wolf is equipped with a professional Wilderness First Aid Kit and is trained in Wilderness first aid, please follow our camp rules. A “safety talk” will be provided by time of arrival at camp.

11) Weather Conditions
CHECK THE WEATHER 24 HOURS BEFORE YOUR TOUR

On Vancouver Island, the 'dry season' is considered from May until September. Check the weather for Alert Bay. Generally it is about 5-7 degrees colder in Orca Camp then in Campbell River.

12) Packing List

What to Pack for Wearing on the Water
On Warm Days
O Cap, or Sun Hat
O Sunglasses (w/strap) & Sunscreen (Lip Balm w/spf)
O T-Shirt & shorts or paddle jacket
O Water Shoes: Sandals w/heel strap or sneakers
O Water Bottle
O Sunscreen
O Light wind and rain-proofed jacket

If you are sensitive to the sun, you might consider wearing pants and a long-sleeve shirt made from a lightweight, quick-drying material.

On Cooler Days Add a Second Layer for Kayaking
O Polypropylene tops and bottoms (light to mid-weight)
O Good quality wind/rainproof jacket and pants
O Warm hat
O Warm fleece or wool sweater

Tip: We recommend that you have good quality rain gear for inclement conditions. Dressing in layers allows easy adjustment to changing conditions.

What to Pack for in and around Orca Camp

o Sleeping bag
o Pillows and extra blankets
o T-Shirt and Shorts
o Long sleeve shirt
o Long pants
o Sweatshirt or fleece top
o Warm jacket
o Warm socks
o Warm hat & gloves
o Long Underwear
o Sneakers or light hiking shoes
o Small Towel & Toiletries
o Insect Repellent
o Flashlight or headlamp
o boots for after kayaking
o One pair of shoes that can get wet for kayaking
O One pair of shoes for camp, which always stay dry

Tip: It is wise to assume that every clothing you wear on the water might be wet by the time you reach camp. You should be prepared to change into a completely dry set of clothes when we reach camp (including socks & shoes).

Cold Weather Clothing Suggestions

Reminder: **Check the weather before your trip**!
o Footwear. On colder trips we recommend warm shoes
o Warm sweaters, pants and jackets.
o Warm hat (wool or fleece)
o Good quality rain top and pants. Fabrics that are waterproof and breathable work best.
o Extra polypropylene or fleece tops and bottoms (non-cotton). Wear these in layers under your rain gear or kayaking gear.

Optional Items to Pack for your Trip
o Sun screen
o Swim suits and towels
o Camera
o Insect repellent

o Water bottle
o Extra Flash light or headlamp
o Environmentally friendly shampoos and soaps
o extra changes of non-cotton clothes
o Your Medication plus spare
o Hand sanitizer

What Grey Wolf Expeditions will Provide
o Professional Local Sea Kayak Guides
o All meals from lunch the first day to lunch on the last
o Healthy snacks are always available
o All group camp gear including tarps, cook ware, utensils
o Quality Walk-in tents
o Transport to launching site
o High quality sea kayaks, doubles and singles
o All kayak and safety equipment
o Extra Hand sanitizers
o Extra Sunscreen

Our general Clothing advise

Cotton = Cold and uncomfortable Outdoor Traveler!

Wear synthetic cloth. They don't need to be washed as often, and will dry in minutes not hours. Polyester is great, it feels like cotton, is breathable and easy to find. Nylon is great for pants instead of jeans, won't wrinkle and aren't bulky. Fleece is great for warmer outer layers or long/short underwear . It's best to wear multiple layers. It's easy to take off a layer to stay cool and add layers to stay warm.

Remember traveling light isn't just about weight, its about space saved, convenience and freeing yourself from frustration.

13) Recommendations for Kids
A pair of water shoes or water sandals (designed for water sports) that wrap around the toes and provide extra protection for the feet. Avoid slip-on water socks and crocs. Fabrics that are warm and comfortable when wet, help avoid chaffing from the life jacket and are "cool".

Hat & sunglasses with a strap. Kids can tire easily in the sun and protecting the eyes and face helps avoid over-exposure. Since kids often lose or break sunglasses, two inexpensive pairs are recommended.

Bring plenty of sunscreen for kids and encourage them to drink lots of water. On colder trips make sure that the kids have good footwear, a warm hat and plenty of polyester/fleece tops and bottoms for layering.

14) Orca Camp Sleeping Information

Sleeping Arrangement: Our adorable Log Cabin Style Walk-In tents are spacious and comfortable. They are very spacious for two and can accommodate more in a pinch. We do NOT mix different groups in one tent. You will always share a tent with a person you know.

Sleeping Bags: We will be unable to provide sleeping bags due to COVID-19. We ask our clients to bring their own sleeping bag to avoid unnecessary cross contamination. If you do not have a sleeping bag, please ask us about our rentals. .

Beds: We offer cozy and comfortable cots, with foam mattresses and linens. At this point we are unable to provide pillows as usual. Please bring your own pillow or ask us about our rentals.

Inside Tent set up: There will be a tent lamp, small table and two chairs available. That way it makes it easier to get outdoor clothing off, before you step into your dream accommodation.

15) Toilet Facilities

Our base camp provides a composting outhouse. Equipped with toilet paper, hand sanitizer, a mirror and products. Hot showers are available as well.

16) General Hygiene Information

Safety on a water trip doesn't just mean wearing your life jacket and never diving into the ocean, it also includes washing your hands! We are very careful when it comes to contaminants on a trip. Our food coolers are "triaged" and cleaned daily and coolers are carefully managed. Our dish washing and kitchen cleaning systems include a sanitizing bleach solution and hand washing stations are always set up near the kitchen, toilet and tents. Please help us keep everyone healthy by washing your hands prior to each meal and after using the toilet.

17) Information For Women: Our guides are fully aware of issues specific to women, they are comfortable addressing your concerns. Don't hesitate to ask your guide for a "potty stop". If you are expecting your period during the trip, we suggest that you pack a small amount of toilet tissue, a few Ziploc bags (small and large sizes), a few small paper bags, a small bottle of hand sanitizer and your napkins/tampons into one large Ziploc bag. Each day, pack a day's supply of tissue, pads/tampons, small Ziplocs and a paper bag in a large zip lock and put this in your day bag or in one of the watertight

boxes that is available during the trip. During the day when you change a napkin/ tampon, place the used one in a small Ziploc bag and put that in the paper bag with everything going back into the large zip lock. You can dispose of used products in the garbage each afternoon. Do NOT throw used products in the ocean or forest. Feel free to ask any of your guides for assistance. We carry extra feminine supplies on each trip as well as zip locks and plenty of toilet paper to help restock your kit.

18) Assumption of Risk
Although no previous kayaking or outdoor experience is required on our tours, as with any adventure, there is always an element of risk. We ask that you welcome adventure with an open mind and be able to laugh and have fun when encountering the unexpected. We are dedicated to providing safe, environmentally sensitive, well organized and fun-filled adventures.

We are excited to adventure with you.

Cheers to an amazing “whale-of-a-time” to come!



Sandra & Jesse
Owners and Operators
Sea Kayaking Tours Vancouver Island
greywolfexpeditions.com

Ph +1-250-337-5717
Cell +1-250-204-2292